

## **Packing for Deployment**

Luggage should be sturdy and easy to carry. You should try and get by with one check-in bag and one carry-on. Do not pack more than you can carry by yourself and keep one set of clothes and all professional equipment in your carry-on if possible.

The climate will be cool (40-60 degrees). It looks like we will get lucky most of the time, but there is a chance of rain, so you should be prepared just in case. Most work will be done outdoors.

## **Personal items: pack the following:**

- Toiletries- (e.g., toothbrush, toothpaste, soap, deodorant, etc.)
- Towel for showering – we are staying at a church and expect nothing is provided
- Sleeping materials (sleeping bag, sleeping pad/inflatable mattress, pillow). We will be staying in a house but sleeping on the floor. We have a few extra air mattresses – let us know if you need one.
- Personal prescriptions (e.g., medications, contraceptives, etc.)
- Over-the-counter medications (e.g., for head, stomach, or muscle aches, diarrhea, etc.)
- Eyeglasses and/or contact lenses.
- Sunglasses.
- Protective lotions (e.g., sunscreen, lip balm, bug repellent, eye drop – ROWW will also supply).
- Clothing appropriate for CLIMATE and WORK SETTING.
- Comfortable, appropriate shoes for CLIMATE and WORK SETTING.
- Rain coat or poncho.
- Clothing to change into.
- Snack or food items in the event food access is limited or closed. Bring your favorite snacks (if you want, we will grocery shop and provide food)
- Alarm clock/flashlight/watch (phone will work)
- Pocket knife (if you want, put in checked baggage)
- Water bottle (if you want, we will also supply water)
- Cell phone charger

## **Work items: pack the following:**

- Work boots and pants
- If you have gloves or work gear you prefer you can bring it – otherwise ROWW will provide
- Rain jacket

## **ROWW will provide:**

- ROWW shirts
- PPE – work gloves, eye glasses, hard hats, hearing protection
- Food, lodging, transportation to and from job site